

Michael Chekhov Europe Training
Chekhov International Autumn School at SfSH Hamburg

International acting workshop

Living Images: Making Contact

Body – Imagination – Emotion

2 - 5 October 2021, Hamburg, Germany

with

Jobst Langhans, artistic director of Michael Tschechow Studio Berlin

Ulrich Meyer-Horsch, artistic director of Schule für Schauspiel Hamburg

Our lives make a difference when we connect, when we make contact. We can make contact with ourselves, to somebody (one person or a group of people) or to something (space and objects). There is no artistic work without contact.

In order to make our work on stage authentic and alive, we need to get into contact with both our inner images and our emotions within seconds.

Imagination is a matter of fact. Every human being has it. And every artist has his/her own way of using it. For an actor 80% of his/her work is concrete imagination. Images are the core of creativity. They are the fuel of ideas and emotions. How do we create images? How do they feed the emotional life of the character? And how can we embody images, make them physical, so that we can share them with the audience?

The Michael Chekhov Technique connects our sub-consciousness and imagination to the physical reality creating the world of sensations and emotions.

● *Contact* ● *Concentration* ● *Imagination* ● *Breath, gesture, image* ● *Sense work* ● *Psycho-physical Exercises* ● *Qualities of Movement* ● *Qualities, Sensations, Feelings* ● *Ensemble*

Michael Chekhov Europe Training - Module 1

www.michaelchekhov.eu

www.michaelchekhoveurope.eu

www.sfsh.de/chekhov-international

LIVING IMAGES: MAKING CONTACT

October 2-5, 2021

in Hamburg, Germany

GENERAL INFORMATION

Date: **Saturday 2nd – Tuesday 5th of October, 2021**

Working hours: Sat: 11:00pm – 4:30pm
Sun-Tue: 10:30am – 4:30pm (incl. 1h lunch break)
(Warm ups: 9:45am-10:15am)

Working space: **Schule für Schauspiel Hamburg**
Oelkersallee 29a and 33, Hamburg
www.sfsh.de
Public transport:
S-Bahn: Holstenstrasse (10 min. walk)

Working language: English / Participants may act in their own language

Tuition fee:

€ 380,-- (application after September 1st, 2021)

€ 350,-- (application before September 1st, 2021)

Participants from non-EU countries may apply for a discount (only limited number).

Housing and food are not included.

We are happy to help you finding inexpensive accommodation (see below).

Wednesday 6th there will be a **training for teachers** who have completed the MCE Training modules. Tuition fee: € 80,--. Please contact us if you would like to participate!

CONTACT

Michael Chekhov Europe Training
at Schule für Schauspiel Hamburg

Oelkersallee 29a 22769 Hamburg, Germany

chekhov@sfsh.de

+49 40 4302050

www.sfsh.de/chekhov-international

www.michaelchekhov.eu

www.michaelchekhoveurope.eu

FB: Michael Chekhov Europe Training // Michael Chekhov Europe Friends // Schule für Schauspiel Hamburg
Instagram: michaelchekhoveurope // sfsh_schauspielschule

FACULTY:

Jobst Langhans

Director, actor, teacher, artistic director of Michael Tschechow Studio Berlin

Jobst Langhans is the artistic director of Michael Tschechow Studio Berlin. He co-founded the theatre company Werkbühne Berlin, and has been its artistic director since 1998. He has performed and directed throughout Berlin, Germany and abroad. 2013 and 2014 he has directed Johan W. Goethe's "Faust I" and "Faust II" at Forum Theater Stuttgart, starring Ulrich Meyer-Horsch as Faust.

In 1984, he opened the Michael Tschechow Studio Berlin, where he continues to serve as its artistic director. He organized the first International Michael Chekhov Workshop in Berlin 1992 as well as another one in 1995 and served on the board of the International Michael Chekhov Association from 1992-1995. He is a member of the international faculty of MICHA and MCE (Michael Chekhov Europe) and member of the advisory board of Michael Chekhov Brasil.

Jobst Langhans studied church music and philosophy as well as private theatre studies with Else Bongers and Jürgen v. Alten.

From 1983-1995 he was the director of theaterforum kreuzberg and has been a visiting teacher at various theatre schools and universities, leading master classes in Moscow, London, Madrid, Riga, Glasgow, New York, Istanbul and others.

Ulrich Meyer-Horsch

Artistic director of Schule für Schauspiel Hamburg, co-founder of Michael Chekhov Europe e.V.

Ulrich Meyer-Horsch is an award-winning actor and theatre director with three decades of working experience in German state and regional theatres: Deutsches Schauspielhaus Hamburg, Theater Kiel, Theater Lübeck, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicite, Augusto Boal and Yoshi Oida. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich Meyer-Horsch holds a degree in Acting from Schule für Schauspiel (SfSH) and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King's College). He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia and East Asia.

In his approach to the Chekhov Technique he incorporates the exploration of children's games, organic breath and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Uruguay, the US, Japan, Singapore, Taiwan and Indonesia. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, and a member of the international faculty of the Michael Chekhov Association (MICHA), New York. Since January 2020, he is the co-artistic director of Schule für Schauspiel Hamburg (SfSH).

HOW TO GET TO HAMBURG

By train and bus:

There are very good train connections from most European cities: www.bahn.de
You can reach the city also easily by bus (e.g. Flixbus).

By plane:

www.hamburg-airport.de

From Hamburg Airport you take the S-Bahn to get to Hauptbahnhof (main station) or Holstenstrasse or Bahnhof Altona.

How to get to Schule für Schauspiel (SfSH):

From the airport or from Hauptbahnhof (main station) you take the S-Bahn to Holstenstrasse (S11, S21, S31). From there it is a 10 min. walk to Oelkersallee 29a and 33.

Check city map on: www.sfsh.de/service/anfahrt

THE CITY

www.hamburg-tourism.de

www.hamburg.de

www.hafen-hamburg.de

ACCOMODATION

Hostel:

www.schanzenstern.de

www.instantsleep.de

www.meininger-hotels.com/en/hotels/hamburg

www.hostels.com/hamburg

Hotel:

www.hamburg-tourism.de

www.hamburg.de

www.Hotelreservierung.de/Hamburg

Also have a look at:

www.airbnb.de

www.booking.com

Please note that the school cannot organize your accommodation. However, we are happy to send you a list of affordable places close to the school. Please feel free to ask if you need further help.

There are many cafes, restaurants and shops in the area. You can pay in Euro, credit card and V-pay (maestro/girocard). Smaller places will accept only cash.

LUNCH at the school

The school has a nice little Café: Cantina 33. Apart from snacks and drinks, you can buy delicious and inexpensive lunch in the cafe. We recommend everybody to stay there in the lunch breaks.

HOW TO APPLY

Please fill in the application form (see last page) and send it to:

Michael Chekhov Europe Training
c/o Schule für Schauspiel Hamburg

Oelkersallee 29a, 22769 Hamburg, Germany
or email it as PDF to: chekhov@sfsh.de

Please make your payment to:

Michael Chekhov Europe e.V.

(Address: Eisenbahnstrasse 21, D-10997 Berlin)

Bank: **Landesbank Berlin - Berliner Sparkasse**

IBAN: DE70100500000190265264

BIC: BELADEBXXX

mentioning '**Hamburg October 2021**'

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--. In case that the workshop has to be cancelled by us due to the pandemic situation, you will get back your full tuition fee without any extra charge.

Ca.10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment upon arrival.

The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space.

Please note our COVID-19 policy:

Due to the current Covid-19 situation, there may be some travel restrictions for certain countries outside of Europe. Please check in advance!

At our school, we have a strict hygiene plan to make sure you feel free in your artistic work. Our working spaces are big enough for physical work in a safe environment, and the number of participants is limited.

Participants need to meet one of the following three conditions:

- A proof of a negative Covid-19 antigen test (no self-test!) or PCR test, not older than 48 hours. Another test has to be done before day 3.

[There are many test centers in the city and near the school, and most antigen tests are free of charge.]

- A proof of a complete Covid-19 vaccination (completed before Sept. 17)

[completed means: BioNTech/Pfizer, Moderna, AstraZeneca: two jabs. Johnson&Johnson: one jab]

- A medical certificate that you have recovered from a Covid-19 infection within the last 6 months

Please verify this information by showing us the relevant documents and your passport or ID-card!

We regularly evaluate the pandemic situation. In case of any changes or adjustments we will inform you immediately. In the unlikely case that the workshop has to be cancelled by us, you will get back your full tuition fee.

All details are subject to change.

APPLICATION FORM

LIVING IMAGES: MAKING CONTACT - Michael Chekhov Workshop, October 2021

Name: Age:

Address:

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City: Postal code:

Country:

Phone: Mobile:

E-mail:

Artistic experience & education / experience in the Michael Chekhov Technique:

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I wish to register for the

**Michael Chekhov International Workshop LIVING IMAGES: MAKING CONTACT
2-5 October 2021 at SFSH Hamburg, Germany**

I shall pay **€ 380,--** (application after September 1st) / **€ 350,--** (application before September 1st)
to the following account (with my name on it):

Michael Chekhov Europe e.V., Eisenbahnstrasse 21, D-10997 Berlin
Bank: Landesbank Berlin - Berliner Sparkasse
Account number: IBAN: DE70100500000190265264 / BIC: BELADEVXXX
Mentioning 'Hamburg October 2021'

COVID-19 (please tick):

I have read the organizers' Covid-19 policy and I agree on it.

- I assure the organizers that I am fully vaccinated (two weeks before workshop = Sept. 17 latest)
- I assure the organizers that I've fully recovered from Covid-19 within the last 6 months
- I will take a Covid-19 antigen or PCR test within 48 hours before the workshop starts and another one before day 3. I will show the negative result to the organizers.

I will bring the needed documents to proof the information above.

I know that the organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. I accept that I have to take care of my own insurances, because the organizers will not insure participants.

- I wish to receive accommodation assistance.
- I do not need accommodation assistance.

Date: Signature:

Please send this form to: Schule für Schauspiel Hamburg, Ulrich Meyer-Horsch, Oelckersallee 29a, 22769 Hamburg, Germany, – or email it signed to chekhov@sfs.de