

## **Michael Chekhov Europe Training**

in collaboration with Michael Chekhov Acting Lab Poland

### **The Moving Space**

#### **Atmosphere and Playfulness on Stage**

**March 15-18, 2025**

**Warsaw, Poland**

with

**Ulrich Meyer-Horsch**, Schule für Schauspiel Hamburg, Germany

**Grzegorz Łabuda**, Living Space Theatre, Warsaw, Poland

**Jakub Margosiak**, Living Space Theatre, Warsaw, Poland

The space on stage is full of life, full of energy and breath. All an actor has to do is connect to this living space. Performing then becomes natural and simple.

In this workshop, we explore the space(s) of Eugène Ionesco's play "The Bald Soprano". What happens when we dive into the play's world and allow ourselves to be surprised by its specific dynamics, energy, language and space? Michael Chekhov's concepts of "Atmosphere" ("the soul of every piece of art") and "The Feeling of Ease, Form, Beauty and the Whole" will guide us through this exploration.

The workshop will combine Chekhov Technique with elements from Dance and Movement.

*Movement in Space – Objective Atmosphere – Spatial Relationship – Personal Atmosphere – Feeling Ease, Form, Beauty and the Whole – Organic breathing – Playfulness*

Please learn a short monologue or dialogue from Eugène Ionesco's play "The Bald Soprano" (in your own language or in English).

Michael Chekhov Europe Training – module 2

[www.sfsh.de/chekhov-international](http://www.sfsh.de/chekhov-international)

[www.michaelchekhov.eu](http://www.michaelchekhov.eu)

<https://www.facebook.com/profile.php?id=61560757812637>

## THE MOVING SPACE – ATMOSPHERE AND PLAYFULNESS

Michael Chekhov Europe Workshop

March 15-18, 2025 in Warsaw, Poland

### GENERAL INFORMATION

Date: **Saturday, March 15<sup>th</sup> – Tuesday, March 18<sup>th</sup>, 2025**

Working hours: 10:00am – 5:00pm (incl. 90min. lunch break)

Working space: to be announced

Working language: English / on stage, participants may act in their own language

Tuition fee:

*International participants: € 480,--* (early bird before January 31: **€ 440,--**)

*Polish citizens: PLN 1600,--* (early bird before January 31: **PLN 1400,--**)

Housing and food are not included.

We are happy to help you finding inexpensive accommodation.

### CONTACT

**Michael Chekhov Acting Lab Poland**

[mcactinglab@gmail.com](mailto:mcactinglab@gmail.com)

phone: +48 500 082 420

**Michael Chekhov Europe Training**

[chekhov@sfsh.de](mailto:chekhov@sfsh.de)

[www.michaelchekhov.eu](http://www.michaelchekhov.eu)

<https://sfsh.de/chekhov-international>

*Instagram: @michaelchekhoveurope // @sfsh\_schauspielschule // @michael\_chekhov\_acting\_lab*

*FB: Michael Chekhov Europe Training // Michael Chekhov Europe Friends // Schule für Schauspiel Hamburg //*

*Michael Chekhov Acting Lab*

### How to get to Warsaw

The easiest way to get to Warsaw is by plane. There is Warsaw Chopin Airport (WAW) which we recommend or Warsaw Modlin (WMI) which is an hour away from the city. You might get to Warsaw by train or bus if traveling from the countries nearby.

### Accommodation

We recommend to find accommodation through

[www.airbnb.com](http://www.airbnb.com) or [www.booking.com](http://www.booking.com)

## HOW TO APPLY

Please fill in the application form through the link <https://forms.gle/EtXbpuhSVZjid1k76> or fill it out (see last page) and mail it to:

[chekhov@sfsh.de](mailto:chekhov@sfsh.de)

### **International participants:**

Please make your payment to:

Michael Chekhov Europe e.V.

Bank: Landesbank Berlin - Berliner Sparkasse

IBAN: DE70100500000190265264

BIC: BELADEVB33XXX

mentioning 'Chekhov Warsaw March 2025'

### **Polish citizens:**

Please make your payment to:

Stowarzyszenie Living Space Theatre

Bank: BGŻ BNP Paribas

Numer konta: 41 1600 1462 1834 4722 9000 0001

Tytuł przelewu: Chekhov Warsaw March 2025

Applications will be registered once the application form has been returned and the workshop fee is paid. Your place will be confirmed by email as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from the waiting list). In that case there will be an administrative charge of € 50,--. Ca.10 days before the workshop you will be sent further details concerning practical matters. You will be given a receipt of your payment. The organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. You agree to take care of your own insurances.

*All details are subject to change.*

## FACULTY

### **Ulrich Meyer-Horsch** – *Schule für Schauspiel Hamburg (SfSH), Germany*

Ulrich Meyer-Horsch is an award-winning actor and theatre director with three decades of working experience in German state and regional theatres: Deutsches Schauspielhaus Hamburg, Theater Kiel, Theater Lübeck, Schauspiel Frankfurt, Kampnagel Hamburg, Altonaer Theater, Komödie Düsseldorf, Maxim Gorki Theater Berlin, among others. He has worked with Simon McBurney and Complicité, Augusto Boal and Yoshi Oida. Until 2015 he was the associate artistic director of Kreuzgangspiele Feuchtwangen, one of Germany's biggest summer theatres.

Ulrich holds a degree in Acting from Schule für Schauspiel Hamburg and diplomas in Theology, Philosophy and Theatre Pedagogy from the universities of Heidelberg, Hamburg, and London (King's College). He studied with Michael Chekhov's former students Hurt Hatfield, Deidre Hurst du Prey, Mala Powers and Joanna Merlin as well as with master teachers from Russia and East Asia.

In his approach to the Chekhov Technique he incorporates the exploration of children's games, organic breathing, and work with masks. Since 1994 he has been teaching throughout Europe, Russia, Armenia, the Middle East, Brazil, Cuba, Uruguay, the US, Japan, Singapore, Taiwan, Indonesia, and East Africa. He is a guest lecturer at Yeditepe University, Istanbul, Turkey, member of the international faculty of the Michael Chekhov Association (MICHA), New York, and co-founder of Michael Chekhov Europe e.V. (MCE). Since 2020, he is the artistic director of Schule für Schauspiel Hamburg (SfSH).

Ulrich's book "*Michael Tschechow: Der Schauspieler ist das Theater*" was published in 2022.

### **Grzegorz Labuda** – *Living Space Theatre, Warsaw, Poland*

Actor, dancer, costume designer. Co-founder of Living Space Theatre and Michael Chekhov Acting Lab. In his work, he combines contemporary dance techniques with acting methods. As a freelancer, he makes guest appearances in Polish and foreign theatres, co-creates choreographies, and creates his own projects. His work includes original plays, immersive theatre, site-specific events, happenings, and installations.

Grzegorz has been involved with the Chekhov technique since 2017, studying at the Michael Chekhov School in Hudson with Ted Pugh, Fern Sloan, and Ragnar Freidank, completing several courses and intensive individual training under their guidance. He also trained through MICHA and MCE-Training. He holds a master's degree from the Dance Theatre Department of the National Academy of Theatre Arts in Krakow and Carnegie Mellon University School of Drama in Pittsburgh, USA where he studied as a Fulbright scholar.

### **Jakub Margosiak** – *Living Space Theatre, Warsaw, Poland*

Actor, dancer, director. A graduate of the Acting Department of the AST National Academy of Theatre Arts in Krakow and a freelance student at the Department of Dance Theater in Bytom (Poland). He holds a Ph.D. from The Film School in Lodz (Poland) with a specialization in Michael Chekhov Technique. Awarded Fulbright Scholarship for conducting research about M. Chekhov Technique in the U.S.

Co-founder of the Living Space Theatre and director of award-winning performances: "Ferdydurke", "Jesus Christ, Refugee!", "Kajdzias", "Shapes". Artist in residence at the Theatre No Theatre in Italy.

Jakub taught among others at: 35th International Theater Institute World Congress in Segovia (Spain), The New School (New York), Guangzhou Academy of Fine Arts (China), Xi'an Concert Hall (China), Busan International Performing Arts Festival (South Korea), The Machulski's Acting School (Poland), and The Film School (Poland).

## APPLICATION FORM - Michael Chekhov International Workshop, March 2025

Name: ..... Age: .....

City and country: .....

Email: ..... Mobile phone: .....

Social media: .....

Artistic experience & education: .....

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Experience in the Michael Chekhov Technique: .....

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I wish to register for the Michael Chekhov International Workshop

**THE MOVING SPACE: Atmosphere and Playfulness**

**March 15-18 2025 in Warsaw**

I shall pay (mentioning my name and 'Chekhov Warsaw March 2025'):

*International participants:*

€ 480,-- (application after January 31<sup>st</sup>) / € 440,-- (application before January 31<sup>st</sup>)

to: Michael Chekhov Europe e.V.

Bank: Landesbank Berlin - Berliner Sparkasse

IBAN: DE70100500000190265264      BIC: BELADEVB33XXX

*Polish citizens:*

PLN 1600,-- (application after January 31<sup>st</sup>) / PLN 1400,-- (application before January 31<sup>st</sup>)

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Bank: BGŻ BNP Paribas

Numer konta: 41 1600 1462 1834 4722 9000 0001

Tytuł przelewu: Chekhov Warsaw March 2025

I know that the organizers are not liable for any claims regarding loss or theft of valuables, or in cases of accidents, injuries, harm or illness during the workshop or on the way to or from the working space. I accept that I have to take care of my own insurances, because the organizers are not able to insure participants.

I wish to receive accommodation assistance.       I do not need accommodation assistance.  
(please tick!)

Date: ..... Signature: .....

*Please sign this form and email it to: [chekhov@sfsh.de](mailto:chekhov@sfsh.de)*